G - Gather for Prayer

Father,
Help me to think on what is true, honest, just, pure, lovely, and of good report. Help me to follow in the ways of purity and fidelity.

In Jesus' Name, Amen

## $\mathbf{R}$ - Read the Text (Matthew 5:27-32)

"You have heard that it was said, 'You shall not commit adultery'; but I say to you that everyone who looks at a woman with lust for her has already committed adultery with her in his heart. If your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell. If your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell.

It was said, 'Whoever sends his wife away, let him give her a certificate of divorce'; but I say to you that everyone who divorces his wife, except for the reason of unchastity, makes her commit adultery; and whoever marries a divorced woman commits adultery."

O Observe what God has said
Why is God concerned with our thought life?
Why is purity and fidelity so important, especially in the context of marriage?

## W - Work on Application

Absolute purity and fidelity are to be the hallmarks of those who follow the Way of the King. Such values—purity and fidelity—stand in stark contrast from the world of lust and separation. Is purity and fidelity the order of the day, or, in some ways, even in the privacy of your own mind, are you endorsing the worldly values of lust and separation?.

In what ways can we pursue purity and fidelity in the life of our family?
What precautions might we take to keep ourselves from lust and the lure of separation?

## Family Weekly Memory Verse: "Put to death, therefore, whatever belongs to your earthly nature: sexual

 immorality, impurity, lust, evil desires and greed, which is idolatry."-Colossians 3:5