

## Family Discipleship Resource

October 1-7  
(Ruth 1:6-22)



### **G** – Gather for Prayer

Father,

*As we live the life you have called of our family, help us to trust you in the uncertain and uncomfortable seasons, knowing that our destination is secure even when the journey is difficult.*

*In Jesus Name, Amen*

### **R** – Read the Text (Ruth 1:6-22)

*<sup>6</sup> Then she arose with her daughters-in-law that she might return from the land of Moab, for she had heard in the land of Moab that the LORD had visited His people in giving them food. <sup>7</sup> So she departed from the place where she was, and her two daughters-in-law with her; and they went on the way to return to the land of Judah. <sup>8</sup> And Naomi said to her two daughters-in-law, "Go, return each of you to her mother's house. May the LORD deal kindly with you as you have dealt with the dead and with me. <sup>9</sup> May the LORD grant that you may find rest, each in the house of her husband." Then she kissed them, and they lifted up their voices and wept. <sup>10</sup> And they said to her, "No, but we will surely return with you to your people." <sup>11</sup> But Naomi said, "Return, my daughters. Why should you go with me? Have I yet sons in my womb, that they may be your husbands? <sup>12</sup> Return, my daughters! Go, for I am too old to have a husband. If I said I have hope, if I should even have a husband tonight and also bear sons, <sup>13</sup> would you therefore wait until they were grown? Would you therefore refrain from marrying? No, my daughters; for it is harder for me than for you, for the hand of the LORD has gone forth against me." <sup>14</sup> And they lifted up their voices and wept again; and Orpah kissed her mother-in-law, but Ruth clung to her. <sup>15</sup> Then she said, "Behold, your sister-in-law has gone back to her people and her gods; return after your sister-in-law." <sup>16</sup> But Ruth said, "Do not urge me to leave you or turn back from following you; for where you go, I will go, and where you lodge, I will lodge. Your people shall be my people, and your God, my God. <sup>17</sup> Where you die, I will die, and there I will be buried. Thus may the LORD do to me, and worse, if anything but death parts you and me." <sup>18</sup> When she saw that she was determined to go with her, she said no more to her. <sup>19</sup> So they both went until they came to Bethlehem. And when they had come to Bethlehem, all the city was stirred because of them, and the women said, "Is this Naomi?" <sup>20</sup> She said to them, "Do not call me Naomi; call me Mara, for the Almighty has dealt very bitterly with me. <sup>21</sup> I went out full, but the LORD has brought me back empty. Why do you call me Naomi, since the LORD has witnessed against me and the Almighty has afflicted me?" <sup>22</sup> So Naomi returned, and with her Ruth the Moabitess, her daughter-in-law, who returned from the land of Moab. And they came to Bethlehem at the beginning of barley harvest.*

### **O** – Observe what God has said

***Why do you suppose Naomi wants to go it alone back to Bethlehem?***

***What makes Ruth's decision to stay with Naomi so powerful?***

**(continued on next page)**

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### **W** – Work on Application

What may appear to be a setback and/or let down is not lost or wasted by a sovereign God who is always working to bring his will to fruition. God's people can trust that while they might not understand the journey at present, they can trust the destination to the Lord (physically and spiritually).

***Can any of us think of a time in which it was difficult to trust God?***

***How can we help each other remember to trust God (that he knows what he is doing and is leading us well), even when things are difficult?***

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Family Weekly Memory Verse: "Trust in the LORD with all your heart; and lean not to your own understanding. In all your ways acknowledge him, and he shall direct your paths." (Proverbs 3:5-6)