

## Family Discipleship Resource

October 13-19

(Genesis 4:1-8)



### **G** – Gather for Prayer

Father,

*Sin is always ready to devour me. Protect me from that which exists to trip me up and lead me astray.*

*In Jesus' Name, Amen*

### **R** – Read the Text (Genesis 4:1-8)

*4 Now the man had relations with his wife Eve, and she conceived and gave birth to Cain, and she said, "I have gotten a manchild with the help of the Lord." 2 Again, she gave birth to his brother Abel. And Abel was a keeper of flocks, but Cain was a tiller of the ground. 3 So it came about in the course of time that Cain brought an offering to the Lord of the fruit of the ground. 4 Abel, on his part also brought of the firstlings of his flock and of their fat portions. And the Lord had regard for Abel and for his offering; 5 but for Cain and for his offering He had no regard. So Cain became very angry and his countenance fell. 6 Then the Lord said to Cain, "Why are you angry? And why has your countenance fallen? 7 If you do well, will not your countenance be lifted up? And if you do not do well, sin is crouching at the door; and its desire is for you, but you must master it." 8 Cain told Abel his brother. And it came about when they were in the field, that Cain rose up against Abel his brother and killed him."*

### **O** – Observe what God has said

***What was the difference between Cain and Abel's Offerings?***

***What led to Cain's terrible act in this passage?***

### **W** – Work on Application

Two lessons are yielded from this passage. First, God is pleased with us when we are pleased to give of the very best of ourselves to him. In so doing, we betray a heart that loves and serves Him most. Are you giving the very best of your time, talents, and treasure to Him? Are your offerings made with a joyful and generous heart or given out of ritual and/or obligation? To be sure, at times we all have failed to give of our very best to him, some of us at time fail to give anything at all.

***When are we tempted to withhold our very best from the Lord? In what ways can we grow in our capacity to give our very best?***

Secondly, rather than stew in anger when one is corrected by God, His Word, or whoever he uses to relay a needed message of admonition, we ought to change our ways and not let sin have its nefarious way. When we stew or fail to deal with our sin (proving our mastery over it), it will master us and lead us to do any number of things. We must respect the fact that in our fallen world sin lurks behind every corner. When we abide in anger, boredom, jealousy, worry, etc. we invite it out and, given the right set of circumstances, are capable of just about anything. God show us the way and give us the grace to take it that leads away from sin!

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***What sin might, if left undealt with, lead to disaster?***

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Family Weekly Memory Verse: "Thy word have I hid in mine heart, that I might not sin against thee."-  
*Psalm 119:11*